



Dose  Nutrition

Pumpkin Spice Blended Cold Brew

BY HUMA NAZ



2 servings Total time: 5 mins. Vegetarian

INGREDIENTS

- 1 cup milk of your choice (I used 2% dairy. For dairy free, you can choose almond, oat, soy milk varieties)
- 1 cup cold brew coffee
- 1 tbsp. pure pumpkin puree
- 1 tbsp. 100% maple syrup
- 1/2 tbsp. vanilla extract
- 1/2 tsp. pumpkin spice or cinnamon powder and nutmeg
- Ice
- Optional topping: whip of your choice (dairy or dairy-free)

PROCEDURE

01

Pour milk, cold brew, maple syrup, pumpkin puree, vanilla into a high speed blender until smooth and frothy.

02

Pour the blended pumpkin spice cold brew over ice, divide & sprinkle over pumpkin spice or cinnamon powder & nutmeg, & an optional whip topping.



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